COUNTYWIDE SERVICES (CONT'D)

RESIDENTIAL SERVICES

McAlister Institute for Treatment and Education (MITE)

Perinatal Withdrawal Management

2049 Skyline Dr. Lemon Grove, CA 91945 Tel: (619) 465-7303

Website: www.mcalisterinc.org/programs

North County Serenity House

(Accepts women with children age 5 and under)

1341 North Escondido Blvd. Escondido, CA 92026 Tel: (760) 747-1015

Tel: (760) 741-5098 (bed availability)

Website: www.healthright360.org/agency/north-county- serenity-

<u>house</u>

Turning Point

1315 25th St.

San Diego, CA 92102 Tel: (619) 233-0067

Website: www.turningpointhome.org

ANCILLARY SERVICES

Catholic Charities, Inc. (Recovery Drop-in) Rachel's Women's Center

759 8th Ave.

San Diego, CA 92101 Tel: (619) 696-0873

Website: www.ccdsd.org/programs/homeless-womens-services

Vista Hill Foundation (VHF) CalWORKs Case Management

Tel: (619) 431-2103

Website: <u>www.vistahill.org/programs-services/calworks-case-</u>

management-services

Vista Hill Foundation (VHF) Dependency Drug Court

Tel: (619) 668-4265

Website: www.vistahill.org/programs-services/dependency-drug-

<u>court</u>

Pregnant women have priority admission to recovery and treatment programs

ANCILLARY SERVICES (CONT'D)

Public Health Nursing Home Visiting Services

To make a referral, please call one of the following:

 North Coastal-Oceanside
 (760) 967-4401

 North Inland-Escondido
 (760) 740-4000

 North Central-Kearny Mesa
 (858) 573-7300

 Central-Mid City
 (619) 229-5400

 East-El Cajon
 (619) 441-6500

 South-Chula Vista
 (619) 409-3110

OR INFORMATION

Clients receiving services through County of San Diego contracted SUD programs are treated with equality, in a welcoming, nondiscriminatory manner, consistent with applicable state and federal law. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services (except for required share of cost). No services will be refused due to a client's inability to pay.

www.sandiegocounty.gov/hhsa/programs/bhs

www.sandiegocounty.gov/content/sdc/hhsa/ programs/bhs/dmc_ods.html

> Greg Cox District 1

Kristin Gaspar District 3 District 2

Dianne Jacob

Nathan Fletcher District 4



Jim Desmond District 5

Helen N. Robbins-Meyer Chief Administrative Officer

Nick Macchione, Agency Director Health and Human Services Agency

> Alfredo Aguirre, Director Behavioral Health Services

Holly Salazar, Assistant Director Behavioral Health Services

County of San Diego Health and Human Services Agency

DIRECTORY OF SUBSTANCE USE DISORDER PROGRAMS FOR WOMEN

Behavioral Health Services

3255 Camino Del Rio South San Diego, CA 92108 (No services provided at this location)

SAN DIEGO ACCESS & CRISIS LINE 1-888-724-7240 TDD/TTY Dial 711

Free assistance 7 days / 24 hours

www.livewellsd.org





WOMEN'S SUBSTANCE USE DISORDER PROGRAMS

The County of San Diego offers substance use disorder treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and adolescents.

Treatment programs for women are located all over the County with many services available.

Services may include:

- Childcare
- Free or low-cost services
- Children's mental health services
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Language services
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships
 - Wheelchair Accessible
 - Language Services Available

PROGRAMS ARE ORGANIZED BY REGION; HOWEVER, SERVICES MAY BE SOUGHT AT ANY LOCATION.

OUTPATIENT SERVICES

CENTRAL

McAlister Institute for Treatment & Education (MITE)

North Central Women's Recovery Center (Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up) 8665 Gibbs Dr. Ste. 150 San Diego. CA 92123

Tel: (858) 384-6284

Website: www.mcalisterinc.org/programs

Vista Hill Foundation (VHF)

ParentCare Central Family Recovery Center (Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up) 4125 Alpha St. San Diego, CA 92113 Tel: (619) 266-0166

Website: www.vistahill.org/programs- services/don-allen-parentcarefamily-recovery- center-east-parentcare-family-recovery-centercentral

EAST

Vista Hill Foundation (VHF)

ParentCare East Family Recovery Center (Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up) 4990 Williams Ave. La Mesa. CA 91942 Tel: (619) 668-4200

Website: www.vistahill.org/programs- services/don-allen-parentcarefamily-recovery- center-east-parentcare-family-recovery-centercentral

NORTH

North Inland Women & Adolescent Recovery Center (NIWARC)

(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up) 751 Rancheros Dr. Ste. 5 San Marcos, CA 92069

Tel: (760) 761-0515

Website: www.mcalisterinc.org/programs

HealthRight 360 Serenity Outpatient

(Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up) 3355 Mission Ave. Ste. 239 Oceanside, CA 92058

Tel: (442) 888-5830

Website: www.healthright360.org/san-diego

OUTPATIENT SERVICES

SOUTH

McAlister Institute for Treatment and Education (MITE)

South Bay Women's Recovery Center (Women; pregnant or parenting women; pregnant or parenting adolescent females ages 15 and up)

2414 Hoover Ave. Ste. C National City, CA 91950

Tel: (619) 336-1226

Website: www.mcalisterinc.org/programs

COUNTYWIDE SERVICES

RESIDENTIAL SERVICES

CRASH - Short Term II

2410 E St. San Diego, CA 92102 Tel: (619) 234-3346

Website: www.crashinc.org/st2.asp

Crossroads

3594 Fourth Ave. San Diego, CA 92103 Tel: (619) 296-1151

Website: www.crossroads4recovery.org/programs

MAAC Project - Casa de Milagros

1127 South 38th St San Diego, CA 92113

Tel: (619) 262-4002

Website: www.maacproject.org/main/impact/healthy- homes-healthservices/recovery-homes

Mental Health Systems (MHS) **Family Recovery Center**

(Accepts women w/children age 10 and under) 1100 Sportfisher Dr. Oceanside, CA 92054 Tel: (760) 439-6702

Website: www.mhsinc.org/listing/family-recovery-center- 2

McAlister Institute for Treatment & Education (MITE) -Kiva

(Accepts women w/children age 12 and under) 2049 Skyline Dr. Lemon Grove, CA 91945 Tel: (619) 465-7303

Website: www.mcalisterinc.org/programs