San Diego County Medical Examiner

History of Methamphetamine-Related Deaths in San Diego County

Year	Total
1995	150
1996	124
1997	156
1998	110
1999	108
2000	140
2001	150
2002	166
2003	210
2004	205
2005	245
2006	174
2007	184
2008	140
2009	138
2010	157
2011	171
2012	217
2013	267
2014	262
2015	311
2016	377

Methamphetamine-related deaths are all deaths investigated by the County Medical Examiner in which Methamphetamine was *detected* in the body at the time of the death or fatal event, including all accidents, homicides and suicides in San Diego County.

In 2016, the youngest methamphetamine-related death examined by the ME was 3 month old girl that died while bed sharing and being exposed to methamphetamine. The oldest was a 77-year-old man who died of COPD, heart disease, and diabetes mellitus while on methamphetamine.

San Diego County Medical Examiner **2016 Methamphetamine Related Deaths** – *Manner*

Manner	Total	% of all Meth. related deaths				% of all deaths of this type					
		16	15	14	13	12	16	15	14	13	12
Accident (Drug related)	240	64%	67%	65%	72%	65%	49%	45%	39%	36%	26%
Accident (Motor Vehicle)	27	7%	8%	10%	8%	7%	9%	8%	9%	9%	6%
Accident (Other)	13	3%	4%	2%	1%	3%					
Natural with Methamphetamine Present	10	3%	4%	3%	2%	0.2%					
Homicide	38	10%	8%	8%	8%	13%	30%	23%	20%	24%	22%
Suicide	44	12%	8%	12%	9%	9%	10%	5%	7%	5%	5%
Other or Undetermined	5	1%	2%	2%	1%	1%					
TOTAL of cases retained under ME Jurisdiction	377						12%	10%	9%	9%	7.7%

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2016 Deaths Due to Drug Intoxication Accidental Drug Related Cases

Accident – Drug Related	Total
Overdose on Methamphetamine Alone	31
(without contributing disease present or other meds/drugs)	(19 in 2015)
Overdose on Methamphetamine plus Another Drug/Med(s)* Heroin (32); Non-heroin opiates (17) – [methadone (9), fentanyl (3), oxycodone (2), morphine (2), hydrocodone (1), tramadol (1)]; benzodiazepine (15); gabapentin (5); cocaine (4); others (11)	53 (46 in 2015)
Methamphetamine Alone in combination with Natural Disease Cardiovascular disease (94) – [CV disease alone (76), Acute cardiovascular event (6)]; Acute cerebrovascular events (12); Respiratory disease (7); Obesity (1); Diabetes mellitus (2); Others (8)	112 (102 in 2015)
OD on Meth plus Another Drug(s) in combo with Natural Disease* <u>Disease</u> : Cardiovascular disease (23); Other (12) <u>Drug/Meds</u> : Heroin (12); Non-heroin opiates (16) – [methadone (5), oxycodone (3), tramadol (3), hydrocodone (2), opiate NOS (2), fentanyl (1), morphine (1)], Benzodiazepine (6); Cocaine (3); Antidepressants (3); Alcohol (4)	35 (32 in 2015)
Combination of Drowning and Methamphetamine (+/- another drug/med)	3
Combination of Trauma and Methamphetamine	2 (1 in 2015)
Combination of Trauma, Another Drug/Med, and Methamphetamine	2 (1 in 2015)
Combination of Methamphetamine, Another Drug/Med and Environmental Exposure	1
Combination of Methamphetamine, Another Drug/Med, and Choking	1
TOTAL Accidental Deaths with methamphetamine as part of cause of death	240 (205 in 2015)

^{*}Numbers do not sum as many drugs/meds included more than one additional substance.

San Diego County Medical Examiner 2016 Methamphetamine Related Deaths – Age

More than 46% of Meth Deaths Are Persons between 40 & 60 Years of Age

Age	# Of Deaths 2016	% Of Total 2016	% Of Total 2015	% Of Total 2014	% Of Total 2013	% Of Total 2012	% Of Total 2011
< 1 Year	1	0.3%	0.6%	-	0.7%	-	-
1-19 Years	4	1.1%	9.6%	0.8%	0.4%	1%	2%
20-29 Years	53	14.1%	13.8%	15.3%	11%	18%	8%
30-39 Years	83	22.0%	13.5%	14.5%	18%	14%	15%
40-49 Years	66	17.5%	22.5%	19.1%	29%	29%	32%
50-59 Years	109	28.9%	33.4%	38.5%	33%	32%	30%
60+ Years	60	15.9%	14.8%	11.8%	8%	6%	11%
Unknown	1	0.3%	0.3%	-	-	-	1%
TOTAL Number	377	100%	311	262	267	217	171

San Diego County Medical Examiner 2016 Methamphetamine Related Deaths – Manner vs. Age

Manner	<1 Year	1-19 Years	20-29 Years	30-39 Years	40-49 Years	50-59 Years	60-80 Years	Unk	TOTAL
Accidental (Drug Related)			23	32	47	87	51		240
Accidental (Motor Vehicle)			5	9	5	7	1		27
Accidental (Other)			2	4	2	4	1		13
Natural with meth present			1		2	3	4		10
Homicide		1	10	17	5	4	1		38
Suicide		3	11	20	5	4	1		44
Other/Undetermined	1		1	1				1	5
TOTAL	1	4	53	83	66	109	60	1	377

San Diego County Medical Examiner **2016 Methamphetamine Related Deaths** – *Ethnicity and Gender*

Ethnicity	Total	Male	Female	% of Meth deaths	Ethnicity % of population
American Indian	10	6	4	2.7%	0.4%
Black	37	31	6	9.8%	4.8%
Asian	17	15	2	4.5%	11.9%
Hispanic	76	67	9	20.2%	33.4%
White	222	164	58	58.9%	46.3%
Other	15	11	4	4.0%	3.2%
TOTAL	377	294	83		